

HERNE BAY LIFEGUARD & SWIMMING CLUB

(Affiliated to E.I.A.S.A., K.C.A.S.A. & S.E.R.A.S.A.)

ANNUAL OPEN GALA

Saturday, 7th July 2012 At

Kingsmead Leisure Centre, Canterbury, Kent.

CONDITIONS OF ENTRY

1. This competition is promoted by Herne Bay Lifeguard & Swimming Club and will be swum under ASA Laws and Technical Rules.
2. Age groups are as follows: (9 /10 yrs), (11/12 yrs), (13/14 yrs), (15yrs & Over).
3. Swimmers ages will be as at 7th July 2012. All swimmers must be registered with the ASA.
4. Awards will be made to all 6 finalists in each event who complete the final without disqualification.
5. Closing date for entries is Friday, 1st June 2012. Entries should be sent to
Jo Manser, Secretary, 78, Spenser Road, Herne Bay, Kent. CT6 5QP.
6. Entries may be restricted at the discretion of the promoters and will be seeded into heats from the times submitted.
7. Entry fees will be £4.00 per event payable by cheque to Herne Bay Swimming Club (HBSC) (1 cheque per Club please).
8. Entries must be on the official entry form provided which may be photocopied.
9. A maximum of 2 Coaches passes can be applied for at a cost of £14 per pass. Only holders of these passes will be allowed on poolside. The Coach pass will include food during the break between sessions and a full set of results will be e-mailed to each Club after the Meet. An additional Coach pass may be purchased if the Club has more than 20 swimmers entered.
10. There will be 2 sessions as per the programme and spearheaded finals for each event at the end of each session.
11. This will be run as a cardless event and all swimmers will need to **sign in** BEFORE WARM UP. After this time swimmers will only be accepted if there is a lane available in a heat. Swimmers in the first 2 events must report to the whipping area 10 mins before the start of the session. All other swimmers must report to the whips 2 events before the start of their event. Failure to report to the whips may result in the swimmer not being allowed to compete.
12. Competitors will only be allowed on poolside during the sessions in which they are competing. No swimmers will be allowed in the balcony in swimwear and footwear must be worn at all times away from poolside. The teaching pool is out of bounds at all times.
13. Over the top starts may be used at the discretion of the referee.
14. When finalists are announced, swimmers wishing to withdraw must inform the recording table within 5 mins to enable reserves to be notified.
15. The pool is available for warm up only in the designated times. During warm up swimmers and Coaches must ensure that they take no action to endanger themselves or others. The instructions of the warm up marshalls must be obeyed immediately. Diving is not permitted in the warm up until sprint lanes are designated and then only under supervision of the swimmers Club Coach.
16. The pool is 25m long, has anti wave ropes and electronic timing will be in operation.
17. Admission for spectators by programme will be £5.00 for adults with children under 12 free.
18. Swim meet entries and results will be managed on a computer. By submitting entries consent is given, as required, under the Data Protection Act 1984 to the holding of personal information on a computer.
19. The promoters reserve the right to alter the schedule if circumstances demand.
20. The Cafeteria and a Swim Shop may be available during the Event.
21. Anyone wishing to use a Video or Zoom Camera must register their name and address at the balcony entrance table in accordance with ASA Child Protection Policy.

HERNE BAY LIFEGUARD & SWIMMING CLUB ANNUAL GALA PROGRAMME

SATURDAY 7th JULY 2012

At Kingsmead Leisure Centre Canterbury

Ages As At 7th July 2012

SESSION ONE **WARM UP 9.00am SIGN IN BY 9:10am SESSION STARTS 09:50am**

1	Girls	9 /10 Years	50m	Butterfly
2	Boys	9 /10 Years	50m	Butterfly
3	Girls	11/12 Years	100m	Backstroke
4	Boys	11/12 Years	100m	Backstroke
5	Girls	13/14 Years	100m	Breaststroke
6	Boys	13/14 Years	100m	Breaststroke
7	Girls	15 Years & Over	100m	Freestyle
8	Boys	15 Years & Over	100m	Freestyle
9	Girls	9 /10 Years	50m	Freestyle
10	Boys	9 /10 Years	50m	Freestyle
11	Girls	11/12 Years	100m	Breaststroke
12	Boys	11/12 Years	100m	Breaststroke
13	Girls	13/14 Years	100m	Backstroke
14	Boys	13/14 Years	100m	Backstroke
15	Girls	15 Years & Over	100m	Butterfly
16	Boys	15 Years & Over	100m	Butterfly

17-32 Finals for the above events

SESSION TWO **WARM UP 1.40pm SIGN IN BY 1:50pm SESSION START 2:30pm**

33	Girls	9 /10 Years	50m	Backstroke
34	Boys	9 /10 Years	50m	Backstroke
35	Girls	11/12 Years	100m	Butterfly
36	Boys	11/12 Years	100m	Butterfly
37	Girls	13/14 Years	100m	Freestyle
38	Boys	13/14 Years	100m	Freestyle
39	Girls	15 Years & Over	100m	Backstroke
40	Boys	15 Years & Over	100m	Backstroke
41	Girls	9 /10 Years	50m	Breaststroke
42	Boys	9 /10 Years	50m	Breaststroke
43	Girls	11/12 Years	100m	Freestyle
44	Boys	11/12 Years	100m	Freestyle
45	Girls	13/14 Years	100m	Butterfly
46	Boys	13/14 Years	100m	Butterfly
47	Girls	15 Years & Over	100m	Breaststroke
48	Boys	15 Years & Over	100m	Breaststroke

49-64 Finals for the above events

Projected Finish 5.30pm