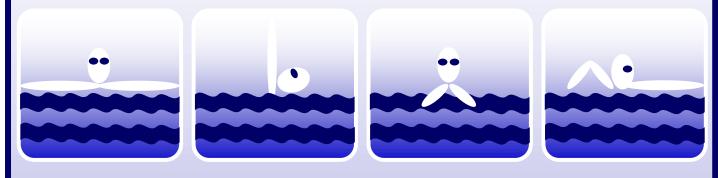


Thanet Swim Club County Qualifier Meet



Kingsmead Leisure Centre, Canterbury, 24th November 2012

Licensed Meet to Level 3
Under A.S.A rules and technical Rules of Swimming & promoters conditions –
Minimum and Maximum Qualifying Standards apply

Closing Date for entries 2nd November 2012

For more information visit www.thanetsc.com

This event is sponsored by:

Conditions

Facilities: 25 metre 6 lane with anti-wave ropes and a warm down pool. Results will be posted on the Club web site a few days after the end of the meet. Electronic timing with display. Small cafeteria.

Rules: The meet will be held under ASA Laws and Technical Rules. The **one start rule** will be in operation throughout the meet with over the top starts. All events will be on HDW basis.

Information: Scott Miles: email – scott.miles@tiscali.co.uk mobile – 07889 064204

Age Groups: 9/10, 11/12, 13/14, 15/16, 17+. Age as on midnight of the last day of competition - 24th November 2012. All swimmers must be members of a club affiliated to the ASA. All swimmers must be registered with the ASA and have their cards available should they be required.

Entries: Closing date for entries is 12:00 midnight of Friday 2nd November 2012. All submitted times must be short course times. All entries must show the swimmers full date of birth and ASA registration number. Electronic entry using Sports Systems Entry Manager file is preferred and available to download on our web site or by contacting Lynn Gates details below. If oversubscribed, the slowest entries in each age group may be rejected. The numbers will be restricted to allow the sessions to be completed within the times laid down in the programme. Improved times will not be accepted after the entries have closed and been accepted. The 400m Freestyle and 400m Individual Medley races are only open to swimmers aged 10+ years.

No entries will be processed until a cheque (payable to Thanet Swim Club) is received. These must be received prior to the closing date. All cheques must be accompanied by the entry summary form. All accepted entries will be emailed out so please include a working email address

Qualifying standards: As a Level 3 licensed meet, swimmers must meet the lower qualifying times (see attached), whilst also not have a National Qualifying time for the event.

Completed forms/cheques must be forwarded in one envelope per club (where possible) together with the fee to:

Lynn Gates 77 Bromstone Road, Broadstairs, Kent. CT10 2HX

Tel: 07900 668662

Email: <u>lynngates@live.co.uk</u>

Consideration times are shown on the attached sheet. Thanet Swim Club reserves the right to reject any entry without giving reason. By submitting entries on the official entry forms/entry system, clubs and competitors accept the rules of the competition.

Officials: Each club entering 8 or more swimmers are requested to supply at least 2 officials who can act as Time Keeper and/or Judge. The contact details of such persons should be supplied with their qualification at the time of entry. An official organiser will then contact them.

Data Protection: Swim meet entries and results will be managed electrically. By submitting entries, consent is thereby given, as required under the Data Protection Act 1984, to the holding of personal information on a computer. Personal data, including submitted & recorded times, may be made public during the meet.

Entry Fees: £5.75 for 400 metre events £4.75 all other events. Cheques to be made payable to 'Thanet Swim Club'. The fees include the 15p levy per event, payable to SE Region.

Awards: Awards will be made to the first three placed swimmers in each combined age group combination for each event. There will be no formally announced presentations during the gala.

Coaches Passes: £15.00 – to include admittance to poolside in all sessions, programme results sheets sent by e-mail also pool side refreshments and food between sessions. Only pass holders, swimmers and officials will be allowed on poolside.

Entry Cards: A card-less entry system will be used. Coaches must inform the Stewards Desk 30 minutes prior to the advertised start time of the gala of any swimmer not competing.

Swimmers must report to the competitor stewards when instructed to do so. Any competitor not reporting in time may be excluded. The organisers reserve the right to amend the running order of events and to add non-scoring swimmers at their sole discretion.

'Over the top' starts will operate in all events (except backstroke). As soon as possible after the closing date, a list of all entries accepted, together with any refund in respect of entries not accepted, will be supplied to each club. All refunds will be made "en bloc" to the official named on the resume sheet. Swimmers may enter for any number of individual events in their own age group.

Seeding: All events are seeded, slowest to fastest, based on submitted entry times and the last heat of all HDW events will be spearheaded.

Time trials: No time trials will be permitted at the meet

Split times: We will prioritise 200m events with 100m split times posted on the clubs website (<u>www.thanetsc.com</u>) to enable them to be used for County Championships.

Safety and Security Guidelines for Swimmers, Coaches, Officials and Spectators

Starts: It is the responsibility of the competitors, coaches and clubs, to ensure that all swimmers are competent to the standard of the ASA competitive start award, to perform a shallow racing dive into the water. In the event of a false start, swimmers should perform a safe entry with a shallow racing dive and not fall into the water. Swimmers are reminded that they are permitted to start in the water for all events, but must advise the referee of this prior to the start of their heat.

Warm up: During the warm-up, swimmers and coaches must ensure that they (and swimmers in their charge) take no action that would endanger themselves or others. The instructions of Pool Lifeguards or others in authority must be obeyed immediately.

Safety: Everyone attending the event must familiarise themselves with the location of the Emergency Exits, which must be kept clear at all times. Due to limited space poolside everyone is asked to observe all normal precautions in the pool area and when moving around the sports centre, to ensure their own safety and that of others. Anyone observing anything they consider to be a safety hazard must report it to one of the Meet Directors representatives. The pool depths are **1m** at the starting end of the pool and **2+m** at the diving pool end of the pool.

Competitors <u>must</u> leave the pool by the steps at the sides of the pool and not climb over the electronic pads.

An adjacent <u>swim-down facility is available</u>. This area must not be used during the formal warm-up time. It is the responsibility of the coaches/team managers to supervise their swimmers and to <u>ensure it is only used for swim-down activity.</u>

ALL SWIMMERS MUST WEAR SUITABLE FOOTWEAR AND TOPS WHEN IN THE STEWARDING AREA OR WHEN LEAVING POOLSIDE

Behaviour: The organisers and the pool management reserve the right to remove any swimmer or spectator from the pool area whose behaviour is either against the pool rules or the efficient running of the meet. Stewards will be patrolling the sports centre and anyone found causing damage or seriously misbehaving, will be banned from the meet and refused entry to the building.

Security: Competitors are advised not to leave their belongings unattended and to ensure valuables are placed in a locked locker or deposited with someone for safekeeping. Neither Thanet Swim Club nor the Pool Management will be held responsible for property that is lost.

Photography: In line with the recommendation in the ASA Child Protection Policy, the Meet Director of this event insists that any person wishing to engage in any video, zoom or close range photography and using a mobile phone with photographic capability should register their details in the book provided at the information desk, before carrying out any such photography.

Litter: Competitors and spectators are asked to place all litter in the receptacles provided and not to leave it on the floor, particularly in the spectator gallery, where it may become a safety hazard.

Any situation not covered by the previous meet rules and information, will be at the discretion of the Meet Director, who also reserves the right to make any changes that may be considered necessary for the smooth running and discipline of the gala.



County Qualifier Meet Programme



*400m Freestyle and 400m Individual Medley races are only open to swimmers aged 10+ years for Kents.

Saturday 24th November (ages 9/10,11/12,13/14,15/16 and 17&over)

Session 1 Warm up 1:00 pm

Start 2:00 pm

Session 2 Warm up 5:30 pm

Start 6:15 pm

Competing clubs are requested to supply a **Time Keeper** and **Judge** for the event

Session 1 - Saturday 24th November 2012

1	Girls	*400m Freestyle	7	Girls	200m Breaststroke
2	Boys	*400m Freestyle	8	Boys	200m Breaststroke
3	Girls	200m IM	9	Girls	50m Butterfly
4	Boys	200m IM	10	Boys	50m Butterfly
5	Girls	50m Freestyle	11	Girls	200m Backstroke
6	Boys	50m Freestyle	12	Boys	200m Backstroke

Session 3 - Saturday 24th November 2012

13	Girls	*400m IM	18	Boys	200 Freestyle
14	Boys	*400m IM	19	Girls	50m Backstroke
15	Girls	50m Breaststroke	20	Boys	50m Backstroke
16	Boys	50m Breaststroke	21	Girls	200m Butterfly
17	Girls	200m Freestyle	22	Boys	200m Butterfly

Entry Form - Age as at 24th November 2012

Minimum and Maximum Qualifying Standards apply for this competition

10 YEARS & OVER BY THE KENTS ONLY CAN ENTER 400M EVENTS

Name:	Male	e/Female:					
Club:	DoB:ASA	No:					
Email:	Phone No:						
Event Number	Event Description	Entry Time					
Number	of 400m entries @ £5.75 per event						
Number	of other entries @ £4.75 per event						
	400m entries @ £5.75 per event:						

Consolidated Entry Form

Number of entries @ £5.75:	No:	£							
Number of entries @ £4.75:	No:	£							
Number of Coaches Pass @ £15.00:	No:	£							
Total Value	e of Entry Fees:	£							
Signature:	Club	Coach/Official							
Contact Details - Club Coach / Official:									
Name:									
Tel:Mob:									
Email:									
This meet will operate without cards; coaches are to advise of any swimmers not competing.									
The completed entry forms together wit "Thanet Swim Club" must be received to later than Friday 2 nd November 2012.	by the event entry o								
Contact Details Official – Time Keeper(s) and Judge(s)								
Name:Na	me:								
Tel:Te	l:								
Email:Em	nail:								

Minimum Permitted Qualifying Times - Short Course Pool									
BOYS									
EVENT	9	10	11	12	13	14	15	16	17+
50m Freestyle	42.1	39.3	37.2	35.1	33.1	31.3	29.9	29.0	28.4
200m Freestyle	3:22.8	3:06.0	2:54.8	2:44.7	2:35.0	2:26.6	2:20.8	2:16.3	2:13.8
400m Freestyle	N/A	6:31.8	6:06.0	5:46.0	5:26.8	5:10.4	4:57.5	4:48.7	4:42.5
50m Breaststroke	55.1	51.3	48.0	45.1	41.9	39.6	37.7	36.4	35.7
200m Breaststroke	4:17.8	3:59.0	3:42.4	3:29.2	3:15.3	3:03.9	2:55.8	2:50.7	2:46.3
50m Butterfly	47.4	43.8	41.0	38.8	36.4	34.3	32.5	31.5	30.7
200m Butterfly	4:08.3	3:37.3	3:18.2	3:06.6	2:54.7	2:44.7	2:35.5	2:31.7	2:26.9
50m Backstroke	48.6	45.1	42.5	40.3	37.6	35.8	33.9	32.6	32.1
200m Backstroke	3:43.8	3:26.7	3:13.3	3:02.6	2:51.1	2:41.4	2:34.3	2:29.8	2:27.0
200m Individual Medley	3:49.7	3:32.2	3:17.6	3:06.8	2:55.8	2:45.3	2:38.2	2:33.7	2:30.5
400m Individual Medley	N/A	7:35.6	6:59.7	6:34.3	6:12.0	5:50.3	5:34.6	5:25.4	5:18.7
GIRLS									
EVENT	9	10	11	12	13	14	15	16	17+
50m Freestyle	42.6	39.9	37.7	35.7	34.3	33.3	32.5	32.0	31.9
200m Freestyle	3:24.5	3:06.8	2:55.4	2:44.9	2:38.0	2:33.5	2:30.2	2:28.0	2:26.4
400m Freestyle	N/A	6:35.7	6:04.9	5:43.7	5:29.8	5:20.8	5:13.8	5:10.2	5:07.2
50m Breaststroke	55.9	51.7	48.3	45.4	43.2	41.8	40.8	40.3	40.0
200m Breaststroke	4:20.0	3:59.5	3:42.1	3:28.8	3:18.2	3:11.5	3:07.9	3:05.8	3:04.1
50m Butterfly	47.9	43.9	41.3	39.1	37.3	36.1	35.2	34.7	34.6
200m Butterfly	4:11.0	3:40.0	3:20.2	3:06.4	2:57.3	2:51.0	2:46.9	2:44.8	2:42.8
50m Backstroke	48.9	45.3	42.7	40.5	38.7	37.5	36.8	36.1	35.8
200m Backstroke	3:46.2	3:28.7	3:12.5	3:01.7	2:54.3	2:49.2	2:44.8	2:42.4	2:40.6
200m Individual Medley	3:51.6	3:32.7	3:17.9	3:06.3	2:58.8	2:53.1	2:49.5	2:47.2	2:45.7
400m Individual Medley	N/A	7:35.3	6:57.3	6:32.0	6:14.4	6:03.1	5:55.8	5:50.5	5:48.2

Maximum Permitted Qualifying Times - Short Course Pool									
BOYS									
EVENT	9	10	11	12	13	14	15	16	17+
50m Freestyle	N/A	N/A	N/A	N/A	N/A	N/A	24.55	24.55	24.06
200m Freestyle	N/A	N/A	N/A	2.10.98	2.04.14	2.00.08	1.55.22	1.55.22	1.53.30
400m Freestyle	N/A	N/A	N/A	4.35.50	4.21.93	4.13.90	404.28	4.04.28	4.00.77
200m Breaststroke	N/A	N/A	N/A	2.48.80	2.39.06	2.33.50	2.26.27	2.26.27	2.23.24
200m Butterfly	N/A	N/A	N/A	2.32.23	2.22.05	2.16.08	2.09.29	2.09.29	2.07.04
200m Backstroke	N/A	N/A	N/A	2.26.66	2.18.43	2.13.93	2.08.06	2.08.06	2.06.21
200m Individual Medley	N/A	N/A	N/A	2.29.50	2.21.31	2.16.68	2.10.70	2.10.70	2.08.82
400m Individual Medley	N/A	N/A	N/A	5.16.43	4.59.46	4.50.29	4.36.95	4.36.95	4.34.19
GIRLS									
EVENT	9	10	11	12	13	14	15	16	17+
50m Freestyle	N/A	N/A	N/A	N/A	N/A	N/A	27.35	27.35	27.27
200m Freestyle	N/A	N/A	N/A	2.13.97	2.09.78	2.07.97	2.05.29	2.05.29	2.04.77
400m Freestyle	N/A	N/A	N/A	4.40.98	4.32.49	4.28.02	4.22.53	4.22.53	4.21.85
200m Breaststroke	N/A	N/A	N/A	2.49.91	2.44.65	2.42.42	2.39.66	2.39.66	2.38.91
200m Butterfly	N/A	N/A	N/A	2.34.37	2.27.51	2.25.04	2.21.31	2.21.31	2.20.88
200m Backstroke	N/A	N/A	N/A	2.28.72	2.23.88	2.21.82	2.18.57	2.18.57	2.18.13
200m Individual Medley	N/A	N/A	N/A	2.31.58	2.27.23	2.24.94	2.21.94	2.21.94	2.21.32
400m Individual Medley	N/A	N/A	N/A	5.19.94	5.09.53	5.05.38	4.59.85	4.59.85	4.58.62