10th Aug to 30th Aug - RETURN TO THE POOL Hartsdown Leisure Centre

		<u>Hours</u>		Hours		<u>Hours</u>		<u>Hours</u>		<u>Hours</u>		<u>Hours</u>
<u>Day</u>	<u>Squad</u>	Lane 1	<u>Squad</u>	Lane 2	<u>Squad</u>	Lane 3	<u>Squad</u>	Lane 4	<u>Squad</u>	Lane 5	<u>Squad</u>	Lane 6
Monday	Junior Competition	5.30pm - 6.30pm	Junior Competition	5.30pm - 6.30pm J	Junior Competition	5.40pm - 6.40pm Jur	nior Competition	5.40pm - 6.40pm Jun	ior Performance	5.50pm - 6.50pm Junior	Performance	5.50pm - 6.50pm
	Age Group Performance	6.35pm - 7.35pm	Age Group Performance	6.35pm - 7.35pm Y	outh Performance	6.45pm - 7.45pm Yo	uth Performance	6.45pm - 7.45pm You	th Performance	6.55pm - 7.55pm Youth	Performance	6.55pm - 7.55pm
Tuesday	Youth Performance	6.00am - 7.00am	Youth Performance	6.00am - 7.00am Y	outh Performance	6.10am - 7.10am Yo	uth Performance	6.10am - 7.10am You	th Performance	6.20am - 7.20am Youth	Performance	6.20am - 7.20am
	Junior Skills	4.00pm - 5.00pm	Junior Skills	4.00pm - 5.00pm J		4.10pm - 5.10pm Jur		4.10pm - 5.10pm Age		4.20pm - 5.20pm Age G	roup Performance	4.20pm - 5.20pm
	Youth Performance	5.05pm - 6.05pm	Youth Performance	5.05pm - 6.05pm Y		5.15pm - 6.15pm Yo		5.15pm - 6.15pm Sen	•	5.25pm - 6.25pm Senio		5.25pm - 6.25pm
	Senior Competition	6.10pm - 7.40pm	Senior Competition	6.10pm - 7.40pm S	Senior Competition	6.20pm - 7.50pm Se	nior Competition	6.20pm - 7.50pm Sen	ior Competition	6.30pm - 8.00pm Senio	r Competition	6.30pm - 8.00pm
Wednesday	Senior Competition	6.00am - 7.00am	Senior Competition	6.00am - 7.00am S	Senior Competition	6.10am - 7.10am Se	nior Competition	6.10am - 7.10am Sen	ior Competition	6.20am - 7.20am Senio	r Competition	6.20am - 7.20am
	Age Group Performance		Age Group Performance		Age Group Performance	4.10pm - 5.10pm <mark>Jur</mark>		4.10pm - 5.10pm Jun		4.20pm - 5.20pm Junior		4.20pm - 5.20pm
	Youth Performance	5.05pm - 6.05pm	Youth Performance	6505pm - 6.05pm Y	outh Performance	5.15pm - 6.15pm Yo	uth Performance	5.15pm - 6.15pm You	th Performance	5.25pm - 6.25pm Youth	Performance	5.25pm - 6.25pm
Thursday	Age Group Performance	6.00am - 7.00am	Age Group Performance	6.00am - 7.00am A	Age Group Performance	6.10am - 7.10am Ag	e Group Performance	6.10am - 7.10am Mas	sters	6.20am - 7.20am Maste	rs	6.20am - 7.20am
	Age Group Performance		Age Group Performance		Age Group Performance	4.10pm - 5.40pm Jur		4.10pm - 5.40pm Jun		4.20pm - 5.50pm Junior		4.20pm - 5.50pm
	Youth Performance	5.35pm - 7.35pm	Youth Performance	5.35pm - 7.35pm Y	outh Performance	5.45pm - 7.45pm Yo	uth Performance	5.45pm - 7.45pm You	th Performance	5.55pm - 7.55pm Youth	Performance	5.55pm - 7.55pm
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Friday	Junior Competition	5.30pm - 6.30pm	Junior Competition	5.30pm - 6.30pm J		5.40pm - 6.40pm Jur		5.40pm - 6.40pm Sen		5.50pm - 6.50pm Senio		5.50pm - 6.50pm
	Senior Competition	6.35pm - 7.35pm	Senior Competition	6.35pm - 7.35pm S	Senior Competition	6.45pm - 7.45pm Se	nior Competition	6.45pm - 7.45pm Ser	ior Competition	6.55pm - 7.55pm Senio	r Competition	6.55pm - 7.55pm
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Sunday	Academy Silver	3.00pm - 3.45pm	Academy Silver	3.00pm - 3.45pm A		3.10pm - 3.55pm Ac		3.10pm - 3.55pm Aca		3.20pm - 4.05pm Acade		3.20pm - 4.05pm
	Academy Gold	3.50pm - 4.50pm	Academy Gold	3.50pm - 4.50pm A	•	4.00pm - 5.00pm Ac	•	4.00pm - 5.00pm Jun		4.10pm - 5.10pm Junior		4.10pm - 5.10pm
	Development Gold (+3)	4.55pm - 5.55pm	Development Gold (+3)		Development Gold (+3)	5.05pm - 6.05pm De		5.05pm - 6.05pm Jun		5.15pm - 6.15pm Junior		5.15pm - 6.15pm
	Development Silver	6.00pm - 7.00pm	Development Silver	6.00pm - 7.00pm E	Development Sliver	6.10pm - 7.10pm De	velopment Sliver	6.10pm - 7.10pm Dev	elopment Sliver	6.20pm - 7.20pm Devel	obment gilver	6.20pm - 7.20pm